

Please answer all questions which are relevant to your organisation – failure to do so may result in a delay in the determination of your application

PROJECT	Home-Start family support	GRANT	
(In no more than 25 words)		AMOUNT REQUESTED	£1,000

## **Contact Details**

Q1 Name of organisation making application: Home-Start Shropshire

Name of contact for this application

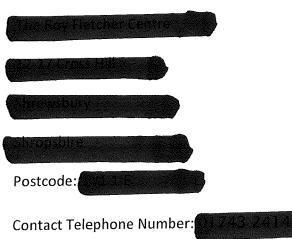
Title: Mrs First Name:

Barbara...Surname: Bates

Position held in the organisation:

Shrewsbury co-ordinator

Contact Address, including full postcode:



Email address: A immorth@homestartshropshire.org.uk

# About your organisation

#### Q2 What type of organisation are you?

Tick ( $\checkmark$ ) relevant category:

Registered Charity:

(V) Charity Registration Number 1139945

**Voluntary Organisation:** 

**(√)** 

Company Limited by Guarantee:

(√) Company Number 05384447

Other – Please specify: .....

# Q3 When was your organisation established?

Home-Start Shropshire was formed in 2011 as a merger of the previously existing charity Home-Start Shrewsbury with two other Shropshire Home-Start charities

### Q4 Briefly describe your organisation.

Describe your organisation, including how many members/users you have, whether there is a subscription fee and the usual activities/services you provide. If you are a new organisation, describe the services/activities you plan to provide. Home-Start trains and supports volunteers from the local community who home-visit vulnerable families with young children. Volunteers provide emotional and practical support and signpost families to resources in the community. We aim to enable families to gain confidence and skills which help them cope with the problems that they face

We support vulnerable families with a wide variety of needs; Typical needs include:

- Isolation
- Lone parents
- Illness
- Povertv
- Poor mental health
- Social problems or some learning difficulties (e.g. Higher functioning Autism/Asperger's syndrome)
- Disability
- Domestic abuse
- Coping with several under 5s and / or twins

# Q5 If you are a subsidiary of a larger organisation, please state which one.

We are affiliated to Home-Start UK which provides us support with insurance, policies and quality assurance

# Q6 Does your organisation have an agreed Constitution or Memorandum of Association?

Please state which and attach a copy: Memorandum of Association

# Q7 What is your primary source of funding?

The Big Lottery provides funding for children in their first year but we need additional funding to support children aged 2-5

# Details of the project or activity you are planning

# Q8 Describe the projects/activity you plan to use this grant for.

i) Try to be specific about what you will do and how you will do it.

For the period 01/04/2016 to date Home-Start Shropshire supported 20 vulnerable families living in Shrewsbury. Support was delivered through home-visiting volunteers. These families included 46 children

We are looking for local funding to ensure continued support and the opportunity for local volunteering to remain in Shrewsbury. Other Town Councils have committed to support us and this has increased our ability to offer more support in their area. Without Local Authority funding, we are dependent on local fundraising and regional and nation grant making bodies. Shrewsbury based individual fundraisers have supported us but we need more funding to keep the service available locally

ii) Please state how you have identified this need and how the project will benefit the people of Shrewsbury, together with the estimated time span. If you are seeking continuation funding for this project, please provide evidence for this continued need.

# New referrals received for Shrewsbury since 01/04/2016:

Families: 17

Children in those families: 32 Pregnant at referral stage: 10

Referrals rejected due to lack of capacity: 2

iii) How many people from the Parish of Shrewsbury do you expect to benefit directly from your project or activity?

# **Projection to 31/03/2017**

New referrals for year 2016 to 2017: 53

Children in families (including new births after referral): 130

Up to 200

**Volunteers** -available in Shrewsbury area: 17- The volunteering experience benefits the volunteers as well as the families and for some is a step towards employment in social care

#### SHREWSBURY CASE STUDY

Family consists of Mum, Dad and 3 children aged 8, 6 and 10 months. Mum is currently 6months pregnant. They have recently moved house due to some issues with some of their neighbours in their previous area. Mum feels really isolated and let down by friends who don't get in touch anymore. She finds it difficult to get out and meet new people as she lacks confidence to do this on her own.

Dad works full time but the family are struggling to cope financially as mum has recently had to stop work due to complications in her pregnancy.

#### **HOW HOME-START HELPED**

After a couple of visits mum was able to open up to me about a lot of emotionally stressful issues she had been trying to sort out on her own.

I was able to get her some support from one of our partner agencies, Barnabus Church, who arranged for her to meet with one of their experienced debt advisors. While she is getting this support we have also been able to help her access the Food Bank which takes a bit of pressure off mum's financial worries.

I am supporting mum to try and get her six year old established in a local school ,as there was no room for her at the school her sibling was accepted into. This last term she was still attending the school in her old area which meant a six mile round trip for them both. This is now not possible due to mum's medical problems in her pregnancy and her daughter had to miss the last few days of the term due to this. We have put her name down with several local schools and hope to get her into one for the September term.

We have also attended a Stay and Play in the area to help mum meet new people and hopefully form new friendships and for her youngest daughter to meet and play with other children her age to develop her social skills. Unfortunately this has now finished for the summer break but will start again in September.

Due to physical problems in her pregnancy and having no transport and little available funds, mum is struggling to attend her hospital appointments. I can help with this as well as looking after her youngest child while she talks to the health professionals.

I will continue to support mum through the end of her pregnancy and after the baby is born for up to a year or until she no longer needs our support.

#### **OUTCOMES FOR THE FAMILY**

During my last visit mum shared with me that she felt like a great weight had been lifted off her shoulders. Having support with her debt issues has been a great help and she says she is now able to sleep at night, which makes it a lot easier to deal with the day to day tasks of the house and children.

She was really low and felt so isolated before we started supporting her but now feels a lot more positive and see this as a good move for her and her family.

# Q9 What criteria will be used to measure the success of the project and how many people from the Parish of Shrewsbury do you expect to benefit from it?

We measure both quantitative throughput and qualitative outputs. As above, we expect up to 200 Shrewsbury parents, children and volunteers to benefit. We evaluate our impact using a validated tool M.E.S.H. This gives us information on the improvements in the parents' coping skills and their use of other community resources. We would expect a minimum of 70% showing improvements. The programme gives added social value as the parental learning is transferable, there will be an associated reduction in mental health problems and the reduction in children's stress will show benefits in a reduction of the risk of future anti-social

behaviour. Children's learning during the support will also help prepare them for school and improve their life chances.

# **Health & Safety**

Q10 What, if any, special safety issues are related to your project/activity?

Please provide the following information -

- i) What kind of insurance does your organisation have? Comprehensive insurance with Zurich including public liability and employer's liability.
- ii) Do the leaders have the relevant qualifications and/or experience?

  All staff delivering the work are trained by Home-Start UK. Volunteers attend a 55 hour training course. Both training programmes cover Safeguarding

  Children. Staff and volunteers are DBS cleared
- iii) What policies does your organisation have in place (i.e. Health and Safety,
  Child Protection/Safeguarding, Working with vulnerable adults, Equal
  Opportunities, CRB Checks etc.)? You may be required to submit copies of your
  policies

We have an extensive range of policies including Health and Safety, Child Protection/Safeguarding, Working with vulnerable adults, Equal Opportunities, and a Disclosure and Barring Service policy.

# Funding of your project

#### Q11 Previous Applications

If you have applied for and received funding from Shrewsbury Town Council in the past please provide details of the amount, the year and briefly what the funding was used for.

None by this charity- I do not have access to records for Home-Start Shrewsbury the former local charity which may have received funding

Year	Project Description	Award £

#### Q12 Project Funding

Please provide details of the amount of funding you need for your project and give us a breakdown of what the money is for (please enclose any relevant estimates or details).

Tell us the amount of grant requested £1000... and provide a detailed breakdown as to how you have reached this figure

Project Expenditure	Amount of
Please list all items of expenditure for your project	Project
Part-funding Shrewsbury co-ordinator post	£1000
Total	£1000
Project Income	
Please list how the project shall be funded	
Big Lottery	£9,556
Local Business	£1,000
Donations/fundraising events	£4,825
	£
	£
What is the difference?	
This should be the same as the amount of Grant you are applying for	£1,000

# Q13 Covering a Shortfall

If the Town Council makes an offer less than the amount requested, how will that impact on the Project and how will you cover the shortfall?

This will increase the risk of a reduction in the support available for vulnerable Shrewsbury families.

#### Q14 Sustainability

What plans do you have in place to ensure that your organisation becomes more sustainable and less reliant on grant funding, particularly from the Town Council

We are in negotiation, as subcontractors, for a large Mental Health contracts. We

have support from four local trusts, one local business and two other town

councils. Our project funded by the Big Lottery has a further year to run with the possibility of a two year extension.

# **Your Accounts**

# Q15 Please provide the following details from your most recent annual accounts

Total Income £200,812
Less Total Expenditure £237,289
Surplus / Loss £36,477
Savings (Reserves, Cash, Investments) £23,011

Please provide a copy of your most recent annual audited accounts or, in the case of newly established organisations, the projected income and expenditure for the next twelve months.

You need to include these documents with this application.

#### **Account Details**

# Q16 Please give us your bank or building society account details

You can only apply for grant if you have a bank/building society account in the name of your organisation. We will only pay grants into an account which requires at least two people to sign each cheque or withdrawal. These people should not be related.

Account name: Home-Start Natopshire Ltd. Sark
Bank/building society name: AF Bank

Bank/building society address:



Who are the signatories and what position do they hold in your organisation?

- 1 Name Keith Bowley. Position Treasurer.
- Name Claire Jackson. Position Senior Co-ordinator.
- 3 Name Lucie Hounslow Position Chair
- 4 Name Helen Webb Position Administrator

# **Any Other Information**

# Q17 Any other information which you consider to be relevant to your application.

Home -Start has operated in Shrewsbury for over 30 years. It has helped thousands of Shrewsbury residents.

The loss of local authority funding required the charity to restructure and the ensuing redundancy costs are reflected in 2014-15 accounts. Our 2015-16 accounts are with the auditor at present. The unaudited management accounts show a reduction in costs and a smaller deficit. These costs will fall still further when we complete repayment of a loan to cover redundancy costs.

## **Declarations**

#### Q18 Declaration

Please give details of a senior member of your organisation. For example, this may be your Chairperson, Treasurer or Secretary. They must read the application and sign below. (This must not be the main contact name in Q1).

8 I confirm, on behalf of Home-Start Shropshire.(insert name of organisation):

That I am authorised to sign this declaration on its behalf, and that, to the best of my knowledge and belief, all replies are true and accurate.

I confirm that I have read the Terms and Conditions set out in the Notes which accompanied this application and further confirm that this application is made on the basis that if successful, the organisation will be bound to use the grant only for the purpose specified in this application, and will have to comply with those Terms and Conditions and any others which the Council might attach to the Grant.

Post held in organisation: Fundraising trustee

Title Mr . First Name: Jonathan Surname: Hopkinson

Organisation address:



Date: 9.8.16

# Q19 Signature of Person Completing the Application This must be the signature of the person named in Q1 as the main contact and not be the same person who has signed in Q18 I confirm that, to the best of my knowledge and belief, all the information in this application from is true and correct. I understand that you may ask for additional information at any stage of the application process. Signed: 9.8.6

Cŀ	necklist	
	Have you answered every question? Have all signatures been completed?	
3.	Have you included a copy of your constitution?	
	Have you included a copy of your most recent audited accounts?  Please state any supporting documents you are submitting:	

# Please return your completed application form to:

Town Clerk
Shrewsbury Town Council
The Guildhall
Frankwell Quay
Shrewsbury
SY3 8HR

Telephone: 01743 281010 Fax: 01743 281051

Email: Helen.ball-stc@shropshire.gov.uk