



## COMMUNITY GRANTS FUND APPLICATION

Please answer all questions which are relevant to your organisation – failure to do so may result in a delay in the determination of your application

<b>PROJECT</b> (In no more than 25 words)	Supporting Shrewsbury's elderly through our Dementia Care and Share Group and our Musketeers and Maidens physical disability group, providing tailored sessions, fostering community, improving wellbeing	<b>GRANT AMOUNT REQUESTED</b>	<b>£2,000</b>
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### Contact Details

#### Q1 Name of organisation making application:

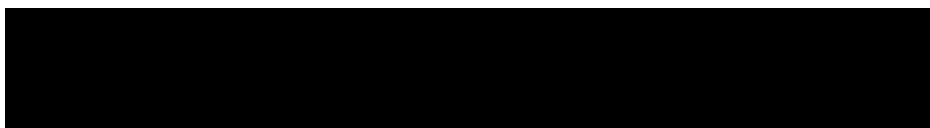
Community Council of Shropshire operating as Community Resource  
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Name of contact for this application

Title: Mrs                      First Name: Stacey                      Surname: Teece

Position held in the organisation: Fundraising Manager

Contact Address, including full postcode:



Contact Telephone Number: [Redacted]

Email address: [Redacted]

### About your organisation

#### Q2 What type of organisation are you?

Tick (✓) relevant category:

Registered Charity:                      ( ✓ ) Charity Registration Number 1096779

Voluntary Organisation:                      (   )

Company Limited by Guarantee:                      (   ) Company Number .....

Other – Please specify: .....

**Q3 When was your organisation established?**

November 1960  
.....

**Q4 Briefly describe your organisation.**

Describe your organisation, including how many members/users you have, whether there is a subscription fee and the usual activities/services you provide.  
If you are a new organisation, describe the services/activities you plan to provide.

For more than six decades, Community Resource’s mission has been to transform Shropshire into a place where elderly people can thrive, regardless of the challenges that come with aging. In the heart of our rural communities, we provide vital support to elderly individuals and their families, encompassing support for dementia patients, social inclusion projects and disability assistance for those grappling with sight or hearing loss.

At the core of all our work is our commitment to placing service users at the forefront of our initiatives, building robust and nurturing communities that will continue to uplift residents throughout their lives. Our invaluable team of local volunteers, who generously contributed over 8,900 hours last year, embodies the spirit of community service that is essential to our mission.

*We deliver our work across three main areas:*

**Wellbeing & Care**

We support people to stay active and connected to their communities and to maintain their health and independence, so they live life to the full. We do this through a range of community-based projects with the help of a team of local and committed volunteers.

**Community & Support**

We work with voluntary groups so they can help meet the need in their local area, enable local people to improve their work prospects through access to transport and support rural communities to access competitive heating prices through our Oil Buying Club.

**Funding & Advice**

We connect people who care with causes that need their help through our community fund, offer guidance to households to help them save energy and keep warm and provide advice to local meeting places and groups through our membership scheme.

We have over 1,000 users of our various services across the County, with most of our activities being completely free and some requiring a monthly, heavily subsidised membership fee to join.

**Q5 If you are a subsidiary of a larger organisation, please state which one.**

n/a  
.....

**Q6 Does your organisation have an agreed Constitution or Memorandum of Association?**

Please state which and attach a copy:

Memorandum (Article) of Association. Copy included with this application.

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**Q7 What is your primary source of funding?**

We get some limited funding for our Hearing Loss / Sight Loss services from Shropshire Council, however the majority of our work is funded via Trusts, Foundations and Grants.

**Details of the project or activity you are planning**

**Q8 Describe the projects/activity you plan to use this grant for.**

i. Try to be specific about what you will do and how you will do it.

**Fostering Connection and Support for Dementia Patients and their Carers in Shrewsbury**

We recognise the profound importance of keeping elderly individuals connected to the communities around them, it's crucial to them leading fulfilling, supported lives, and becomes even more vital when individuals are caring for loved ones with additional needs, such as dementia.

Our Shrewsbury Care and Share Group is a lifeline for local individuals affected by dementia and their devoted caregivers. Our fortnightly meetups, which take place at St Peter's Church Hall, offer a safe haven of mutual support and understanding. They provide respite care and stimulate the mental and physical wellbeing of dementia sufferers, fostering an all-round sense of wellbeing.

Participants of our programme engage in a variety of activities, including memory games, reminiscing, gentle exercise, crafts, listening to music from the decades and socialising with one another. Meanwhile, caregivers can get a much-needed break, whether for errands or a coffee with friends, boosting their own mental health and resilience.

A gift of £1,000 towards our Shrewsbury Care and Share Group would enable us to provide five sessions over the coming year and would contribute towards essential expenses such as venue hire, specialised volunteers to lead our sessions and materials for the group, including arts and crafts supplies, memory games, music therapy sessions and gentle exercise classes.

**Supporting for older people in Shrewsbury with physical disabilities**

Since 2011, we've been the driving force behind Shrewsbury's Musketeers and Maidens Group, a weekly gathering that has become a lifeline for people with physical disabilities.

These sessions, which take place at the Grange Centre, offer a diverse range of activities, from gentle exercise classes to stimulating quizzes, crafts and, above all, the joy of shared laughter over numerous cups of tea.

Our Musketeers and Maidens Group provides a safe place, for peer-to-peer support among individuals who share similar life experiences due to their physical disabilities. These gatherings

are a sanctuary where members can openly discuss their challenges, finding solace and strength in one another's stories.

A grant of £1,000 towards our Musketeers and Maidens Groups, would mean we could cover the cost of running seven sessions for the group over the next year and would be able to provide activity equipment, such as arts and crafts materials and sensory items that enhance the wellbeing of our group members.

Attendees pay a small, subsidised monthly fee to attend our Shrewsbury Care and Share of Musketeer and Maidens Groups. Each group has around 5 – 10 attendees at each session and are a vital lifeline for elderly people in Shrewsbury.

- ii. Please state how you have identified this need and how the project will benefit the people of Shrewsbury, together with the estimated time span. If you are seeking continuation funding for this project, please provide evidence for this continued need.

Our identification of the need for our Shrewsbury Care and Share Group stems from extensive community engagement, collaborating with healthcare providers, local authorities, and dementia support networks in Shrewsbury. Through thorough needs assessments and consultations, we uncovered the pressing challenges facing people suffering with dementia and the loving people who care for them. These challenges are particularly pressing where there are signs of dementia-related frailty and the individual needs further support. Our Care and Share Programme directly benefits Shrewsbury's residents by providing tailored sessions to those facing dementia, and caregiver respite and support, which together help to foster a sense of community.

Your funding will help the continuation of this project and we see the continued need for this group every fortnight when these individuals come together to feel part of their community and get the support and respite, they need. The Covid19-Pandemic forced many vulnerable individuals and their caregivers into isolation. As we navigate the post-pandemic world, it is paramount that we extend unwavering support to these individuals, nurturing their mental and physical wellbeing.

Back in 2011, we took over the Musketeers and Maidens groups when funding for their support lifeline was cut and would no longer have continued without us stepping in. The Group is as needed today as it was 13 years ago. We actively engage with local disability organisations, gain feedback from participants, and consult with health professionals in Shrewsbury in ascertain the continued need for our support group.

Our project significantly benefits Shrewsbury by offering specialised support to older individuals with physical disabilities, facilitating social inclusion, and improving wellbeing.

We seek continuation funding based on the sustained demand for the group, testimonials from participants, and ongoing engagement with the local community, ensuring the project's relevance and impact. Just like the members of our Care and Share Group, Covid19 has detrimentally affected the participants of our Musketeers and Maidens Groups, with many having had to shield for long periods of time. Our Musketeers and Maidens Group continues to serve as a vital lifeline, where they receive support from their peers and our dedicated volunteer mentors.

- iii. How many people from the Parish of Shrewsbury do you expect to benefit directly from your project or activity?

30
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**Q9 What criteria will be used to measure the success of the project and how many people from the Parish of Shrewsbury do you expect to benefit from it?**

For our Care and Share group, our success criteria encompass qualitative and quantitative assessments. We'll measure impact through participant feedback, caregiver stress reduction, and improved social engagement. Our Care and Share Group will benefit 20 individuals from the Parish of Shrewsbury but with your support we would have the capacity to grow the group to support even more who need us.

For the Musketeers and Maidens Group our success metrics include improved mobility, enhanced social connections, and participant satisfaction. We expect to benefit around 10 residents of the Parish of Shrewsbury, evaluating success through pre- and post-program assessments and participant-reported outcomes. Again, with your support we would have the capacity to grow this group and support more individuals facing physical disabilities in Shrewsbury.

**Health & Safety**

**Q10 What, if any, special safety issues are related to your project/activity?**

Please provide the following information:

- i. What kind of insurance does your organisation have?

We have Public Liability Insurance and Employers Liability Insurance of £5 million.

- ii. Do the leaders have the relevant qualifications and/or experience?

Yes our leaders have the relevant qualifications and experience.

- iii. What policies does your organisation have in place (i.e. Health and Safety, Child Protection/Safeguarding, working with vulnerable adults, Equal Opportunities, CRB Checks etc.)? *You may be required to submit copies of your policies.*

We have all the relevant policies in place which include but are not limited to – Health and Safety, Safeguarding, Working with Vulnerable Adults, Equal Opportunities, Lone Working, Diversity, and Inclusion.

All our volunteers are CRB checked before working with any of our groups or individuals.

**Funding of your project**

**Q11 Previous Applications**

If you have applied for and received funding from Shrewsbury Town Council in the past please provide details of the amount, the year and briefly what the funding was used for.

Year	Project Description	Award £

## Q12 Project Funding

Please provide details of the amount of funding you need for your project and give us a breakdown of what the money is for (please enclose any relevant estimates or details).

Tell us the amount of grant requested £2,000 and provide a detailed breakdown as to how you have reached this figure.

Project Expenditure Please list all items of expenditure for your project	Amount of Project
Musketeers and Maidens – Client support costs inc Venue Hire	£1,086.87
Musketeers and Maidens – Group Activities	£53.35
Musketeers and Maidens – Back of house support inc Marketing	£10.29
Musketeers and Maidens – Volunteer costs	£20.49
Care and Share – Client support costs inc. Venue Hire	£1,122
Care and Share – Group Activities	£82.00
Care and Share – Back of house support inc. Marketing	£56.00
Care and Share – Volunteer costs	£45.00
<b>Total</b>	<b>£2, 476.00</b>
<b>Project Income</b> Please list how the project shall be funded	
Musketeers and Maidens – Attendee contributions	£171
Care and Share – Attendee contributions	£305
<b>What is the difference?</b> This should be the same as the amount of Grant you are applying for	£2,000

## Q13 Covering a Shortfall

If the Town Council makes an offer less than the amount requested, how will that impact on the Project and how will you cover the shortfall?

If the Town Council makes an offer less than the amount requested, then this may mean we are able to offer as many sessions of the groups as we would like to provide continued support to the attendees. We would need to look at potentially using any reserves we have to cover these costs, while we sought alternative funding.

## Q14 Sustainability

What plans do you have in place to ensure that your organisation becomes more sustainable and less reliant on grant funding, particularly from the Town Council?

We always want to make sure the groups are as accessible as possible to those people who desperately need the support they provide. Therefore, we want to keep the attending fees as small as possible. In order to do that we either need to increase the number of people attending these groups, so we can spread the cost, or we need to continue to seek external funds via an increasingly diversified fundraising income. We have plans in place for both of these options and in the future the hope is that these groups will be more sustainable and less reliant on grant funding.

**Your Accounts**

**Q15** Please provide the following details from your most recent annual accounts.

Total Income	£809,763
Less Total Expenditure	£1,002,540
Surplus / Loss	£192,777
Savings (Reserves, Cash, Investments)	£357,847

*Please provide a copy of your most recent annual audited accounts or, in the case of newly established organisations, the projected income and expenditure for the next twelve months.*

**You need to include these documents with this application.**

**Account Details**

**Q16** Please provide your bank or building society account details

You can only apply for grant if you have a bank/building society account in the name of your organisation. We will only pay grants into an account which requires at least two people to sign each cheque or withdrawal. These people should not be related.

Account name: [REDACTED]

Sort Code: [REDACTED] Account Number: [REDACTED]

Bank/building society name: [REDACTED]

Bank/building society address: [REDACTED]

Who are the signatories and what position do they hold in your organisation?

- |   |                 |   |
|---|-----------------|---|
| 1 | Name [REDACTED] | Position CEO                                |
| 2 | Name [REDACTED] | Position Chairman                           |
| 3 | Name [REDACTED] | Position Board Member                       |
| 4 | Name [REDACTED] | Position Board Member                       |
| 5 | Name [REDACTED] | Position Head of Service – Wellbeing & Care |

**Any Other Information**

**Q17** Any other information which you consider to be relevant to your application.

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## Declarations

### Q18 Declaration

Please give details of a senior member of your organisation.

For example, this may be your Chairperson, Treasurer or Secretary. They must read the application and sign below. **(This must not be the main contact name in Q1).**

*I confirm, on behalf of Community Resource (insert name of organisation):*

*That I am authorised to sign this declaration on its behalf, and that, to the best of my knowledge and belief, all replies are true and accurate.*

*I confirm that I have read the Terms and Conditions set out in the Notes which accompanied this application and further confirm that this application is made on the basis that if successful, the organisation will be bound to use the grant only for the purpose specified in this application, and will have to comply with those Terms and Conditions and any others which the Council might attach to the Grant.*

Post held in organisation: CEO

Title: [REDACTED]

First Name: [REDACTED]

Surname: [REDACTED]

Organisation address:

[REDACTED]

Postcode: [REDACTED]

Telephone: [REDACTED]

Signed:

[REDACTED]

Date: 5 January 2024

### Q19 Signature of Person Completing the Application

This must be the signature of the person named in Q1 as the main contact and **not be the same person who has signed in Q18**

*I confirm that, to the best of my knowledge and belief, all the information in this application from is true and correct. I understand that you may ask for additional information at any stage of the application process.*

Signed:

[REDACTED]

Date: 5 January 2024



## Checklist

1. Have you answered every question?
2. Have all signatures been completed?
3. Have you included a copy of your constitution?
4. Have you included a copy of your most recent audited accounts?
5. Please state any supporting documents you are submitting:

Please return your completed application form to:

**Town Clerk  
Shrewsbury Town Council  
Livesey House  
7 St John's Hill  
Shrewsbury  
SY1 1JD**

**Telephone: 01743 281010**  
**Email: [Helen.ball@shrewsburytowncouncil.gov.uk](mailto:Helen.ball@shrewsburytowncouncil.gov.uk)**